

OUTLINE PLAN - Sunday 27 Jan 2019 - River Ore Estuary Trip: Orford to Shingle Street and back

ANYONE COMING ALONG SHOULD PLEASE CONTACT TRIP LEADER(S) WELL IN ADVANCE AND PROVIDE YOUR CONTACT/EMERGENCY DETAILS!

Summary: This will be a crisp early morning 10 mile winter paddle on the tidal estuary, suitable only for long boats. It will be a shared trip, with paddler groups invited from various Eastern Region clubs. Arrival by 0815, on water 0900, off water 1300, suitable boat, gear and winter wear essential. Final arrangements subject to weather conditions on the day. It is essential to contact the lead organiser well in advance so that we are clear on numbers, and can provide further details about the trip.

Further detail:

Timings: Get to Orford car park latest 0815, to be ready to be on water 0900 prompt.

Tide times: Harwich LT 0955; Orf quay LT +1hr20min = 1115; Orf haven (mouth) LT -10min = 0945; Outflow from ore continues +1hr to 1045 (slack).

So, 0900 depart allows 1hr45min to cover 5m (8km) to get to Shingle St at slack flow.

Depart Sh St 1115, back at Orf quay by 1300.

Ample time / easy paddle – ave speed incl flow just 2.3 kn

Total distance 10m (8m / 16km) – see map



Access/Egress: Will use the shingle bank adjacent to the concrete slipway at Orford quay.

Breaks: One break planned, for snack, 30 mins at Shingle St. Any unplanned landing breaks en-route will need to be on shingle bank; most banks will be mud.

Car park: Quay St, Orford, IP12 2NU. Cost £4. Otherwise some street parking might be possible further back in orford. Can use own trolley to take boat from car park to quay, or firstly drive to quay, unload boat, then park afterwards. (no parking allowed on quay). Must allow sufficient time to achieve on-water 0900!

Boats: Long boats (sea / touring kayaks) needed, so as to maintain good group speed. If Open Canoes, suggest tandem only, with suitably qualified Lead/Coach for the Open paddlers.

Skill level: Should be suitable for 'Paddle Explore' / 2* level, with suitable kit and prior experience of medium length estuary trip.

Kit: Winter paddling kit essential including for head and hands, water / hot drink / snack. Take additional / Spare warm clothing as well. Usual safety kit for estuary/sea trips. Leaders to take FA, repair kits, etc.

Weather: Will be weather dependent, so final plans will firm up in preceding week. Temp likely 2-3°C. Will be doable up to F4 wind (any direction, ideally SW) and as long as no snow preventing getting to Orford.

Leader(s): Paul B to co-ord overall and be main lead for ICC group. Other clubs participating will need suitably qualified Lead person.

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